



## SEMINAR ON URINARY INCONTINENCE IS IT COMMON & NORMAL?



28th September 2018  
9:00 am—5:00 pm  
Lecture Theatre 1  
UTAR, Sg Long Campus

### Speakers:

- ◇ Dr Pavan Kumar (MSU)
- ◇ Asso. Prof. Dr. Yu Chye Wah (AIMST)
- ◇ Asso. Prof. Dr. Chew Heng Hai (Inventor)
- ◇ Mr Gan Quan Fu (UTAR)
- ◇ Ms Swapneela Jacob (UTAR)
- ◇ Ms Choo Peak Yean (UTAR)

### Objectives:

1. To promote awareness on urinary incontinence
2. To inform the latest updates on current management of urinary incontinence.

### FEES

UTAR Staff & Students: FOC  
Public: RM20  
Healthcare Provider: RM50

### REGISTRATION

On-Line registration:  
<https://docs.google.com/forms/d/1JqAZwz1ZJpJ5PLUsPS4dZVBZFM6mP5i-v4W8FAP9shs/edit>

### CONTACT PERSON

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Mr. Avanianban avanianban@utar.edu.my

### PAYMENT

Public Bank Berhad  
Acc.3118325015  
Beneficiary: Universiti Tunku Abdul Rahman

Registrations will be confirmed through on-line registration and payment. Please forward the scanned payment slip to avanianban@utar.edu.my and mention vote acc.no. 4345/059

**CPD points will be awarded by LJM & MNA.  
Certificate of Attendance awarded.**

# Seminar on Urinary Incontinence – Is it common and normal?

## Program Outline

| Time   | Speaker   | Title  |
|--|---|--|
| 8.30 – 9.30am  | Registration & Arrival of Guests  |  |
| 9.30 - 9.45am  | Emeritus Prof. Dr. Cheong Soon Keng   | Opening remarks  |
| <b>Session 1 (Chair: Ms Choo Peak Yean)</b>          |   |  |
| 9.45 -10.30am  | Dr Pavan Kumar  | Chemicals Causing Incontinence   |
| 10.30 – 11.00am                                      | Coffee break  |  |
| <b>Session 2 (Chair: Mr Gan Quan Fu)</b>             |   |  |
| 11.00 - 11.45 am                                     | Asso. Prof. Dr. Chew Heng Hai   | How does urinary incontinence relate to the defecation process?            |
| 11.45am - 12.30pm                                    | Asso. Prof. Dr. Yu Chye Wah   | Gold Standard Treatment for Urinary Incontinence                           |
| 12.30 – 2.00pm                                       | Networking Lunch  |  |
| <b>Session 3 (Chair: Mr Avanianban Chakkarapani)</b> |   |  |
| 2.00 – 2.45pm  | Mr Gan Quan Fu  | Physiotherapy Perspective in managing urinary incontinence                 |
| <b>Workshop</b>                                      |   |  |
| 2.45 – 3.45pm  | Managing people with urinary incontinence<br>Facilitator:<br>Ms Swapneela Jacob | Nursing people with urinary incontinence<br>Facilitator: Ms Choo Peak Yean |
| 3.45 – 4.15pm  | Tea break   |  |
| 4.15 – 4.45 pm                                       | Forum, Q & A Session  |  |
| 4.45 – 5.00 pm                                       | Prof. Dr. John Paul Evangel Judson  | Closing Remarks  |